Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 04 Sep 2023 until 23:59 on Tuesday 05 Sep 2023

Forecast Issued on Sunday 03 Sep 2023 at 14:52 by Met Office Aberdeen

Confidence: High confidence for dry and warm conditions for most of the coming week. Lower confidence for a few showers building Thursday.

Headline for Monday 04 Sep 2023: A dry and warm day with sunny periods.

Mountain weather hazards on Monday 04 Sep 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** No Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** Medium Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Fog	Sunny intervals	Sunny intervals	Sunny intervals	Sunny intervals	Partly cloudy (night)
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Monday 04 Sep 2023

Weather: Dry but cloudy at times overnight. Early fog will soon clear then sunny periods increase from the morning as the day becomes warm.

Chance of cloud-free hill tops above 800m: 90%.

Low Cloud and visibility: The visibility will be mainly good with patchy cloud 800-1000m.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Monday 04 Sep 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	26/33 S	27/34 S	27/34 S	27/35 SW	25/33 SW	21/29 SW	18/23 SW	15/18 S	12/14 S
900	22/29 SW	22/29 SW	21/27 SW	21/28 SW	21/28 SW	18/25 SW	12/17 SW	11/14 SW	8/11 SW
600	25/32 SW	26/33 SW	24/31 SW	23/31 SW	22/30 SW	18/25 SW	12/17 SW	9/12 SW	6/8 SW
300	11/17 S	11/18 S	10/17 S	13/19 SW	13/20 SW	11/17 SW	7/11 SW	5/7 S	3/4 NE
Glen	7/15 SW	6/14 SW	6/14 SW	10/19 SW	11/20 SW	10/17 SW	5/9 W	3/5 SW	2/4 S

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	7/2	7/3	7/3	7/2	9/4	10/6	10/6	9/6	9/6
900	9/6	10/6	9/6	10/7	12/9	13/10	12/10	10/8	10/8
600	12/8	12/8	11/8	12/8	14/10	15/12	14/12	12/11	11/10
300	14/12	14/12	14/12	14/12	16/14	17/15	16/16	15/14	13/12
Glen	14/14	15/14	14/14	16/15	18/16	19/18	18/18	14/14	12/12
Freezing Level*	3300m	3300m	3300m	3000m	2700m	2600m	2500m	2600m	2600m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Dry but cloudy spells at first in the early morning, particularly over western ranges, soon becoming warm and sunny.

Forecast for Tuesday 05 Sep 2023

Weather: The day will be dry warm and sunny.

Maximum wind: East 15-20mph veering southeast from midday.

Chance of cloud-free hill tops above 800m: 95%

Low Cloud and visibility: The visibility will be good.

Temperature: **Glens:** Plus 13 Celsius rising to plus 25 Celsius.
At 800m: Plus 13 to 17 Celsius.
Freezing level: Above the summits.

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